



# TECHNICAL TRAINING FOR SENIORS: INTRODUCTION TO ARTIFICIAL INTELLIGENCE FOR SENIORS



## PROGRAM OVERVIEW

Participants will learn the basics of artificial intelligence, including understanding AI concepts, exploring AI applications in daily life, and experiencing hands-on AI tools and technologies, all tailored for seniors.

## PROGRAM HIGHLIGHTS

- Explanation of AI concepts in simple, easy-to-understand language
- Exploration of real-world AI applications, such as virtual assistants and smart devices
- Hands-on experience with user-friendly AI tools and platforms
- Personalized guidance and support from patient instructors

## PROGRAM DETAILS

- **Duration:** 4 weeks
- **Schedule:** 1 Day a week, 2.5 hours per day
- **Age Group:** Seniors
- **Prerequisites:** None; beginners welcome
- **Location:** eCode Learning Center
- **Format:** Each session lasts 2.5 hours, featuring instruction, hands-on practice, and Q&A sessions

## PROGRAM OBJECTIVES

- Demystify artificial intelligence and empower seniors to understand its impact on society and daily life
- Provide seniors with practical knowledge and skills to interact with AI technologies confidently
- Foster curiosity and exploration of AI concepts, promoting lifelong learning
- Create a supportive and inclusive learning environment where seniors feel comfortable asking questions and experimenting with new technologies.